



Outdoor Adventurers Forest School

We run child centred forest school sessions with the aim of developing children's self-esteem, confidence, resilience and social and physical skills. Children can then use these skills to reach their full potential.



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- ▶ Outdoor Adventurers has been running for eight and a half years in the nature area at Merley First School.
- ▶ All our sessions from September will be run by Helen Shaw and Leigha Trickett.
- ▶ Helen is an experienced early years teacher and is a qualified Level 3 Forest School leader.
- ▶ Leigha is qualified to level two Forest School and is currently training for her level 3 Forest School leader certificate.
- ▶ We both have paediatric first aid qualifications.
- ▶ At some of our sessions we also have Kim Honeybun who is also level 2 Forest School trained.











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At Merley First School we also run:

- After school clubs on Monday, Tuesday and Wednesday (once your child is in year one)
- Parent and toddler/pre-schooler sessions on a Monday afternoon at certain times of the year for children from the age of 0 to 4
- School holiday sessions.

Follow Outdoor Adventurers Forest School on Facebook to keep up to date or email outdooradventurers10@gmail.com



Outdoor Adventurers
Forest School



Settling in sessions - 17th July

- ▶ Ladybird class - 12.45pm until 1.45pm
- ▶ Butterfly Class - 2pm to 3pm
- ▶ Cost is £6 per child
- ▶ Children must be accompanied by an adult
- ▶ No siblings unless babies